FOOD DIARY

Nutramigen with LGG® and Nutramigen PURAMINO are foods for special medical purpose and must be used under medical supervision.

- **Nutramigen with LGG®** is for the dietary management of cow's milk allergy
- **Nutramigen PURAMINO** is for the dietary management of severe cow's milk allergy and multiple food allergies

DATE OFFERED	NEW FOOD	AMOUNT EATEN	REACTION (Y/N, WHAT REACTION, HOW SOON AFTER EATING, HOW LONG DID IT LAST?)
May 22	Scrambled egg	1 Tsp	Yes, diarrhoea 3 hrs after eating, lasted 4 hrs

IMPORTANT NOTICE: Breastfeeding is best for babies. The decision to discontinue breastfeeding may be difficult to reverse and the introduction of partial bottle-feeding may reduce breast milk supply. The financial benefits of breastfeeding should be considered before bottle-feeding is initiated. Parents should always be advised by an independent healthcare professional regarding infant feeding. Powdered formulas are not recommended for premature and immunocompromised infants unless directed and supervised by a healthcare professional.

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